

Teacher Occupational Therapy Checklist

Occupational Therapy is the ability to perform everyday activities, this includes activities in and out of the classroom as well as physical education.

Preschool (Age 4-6):

- Shows little interest in playing with toys or other children
- Difficulty with two handed throwing and two handed catching
- Cannot balance on one foot
- Cannot kick ball
- Cannot grasp crayon with thumb and fingertips
- Difficulty manipulating small objects
- Cannot print first name first name with model (by age six)
- Cannot copy straight lines, circle or cross (by age five)
- Unable to use scissors
- Unable to concentrate on a task for five minutes
- Difficulty with self care tasks Ex: toileting, feeding, dressing (excluding fasteners)
- Difficulty with classroom transitions
- Overly sensitive to textures, light, smell, sounds



Grade 1-3

- Cannot throw ball with one hand/ Cannot catch ball with one hand
- Cannot balance on one foot for five seconds
- Cannot kick ball
- Does not appear to have a hand dominance
- Cannot grasp pencil with three or four fingered grasp (all fingertips pointing to tip of pencil).
- Difficulty printing. (ex: Illegible, reversals, floating letters, unable to copy words)
- Cannot print name from memory (by end of grade one)
- Difficulty manipulating small objects
- Cannot cut straight line, circle, and square
- Unable to follow classroom routine/ transitions
- Difficulty concentrating/ difficulty staying seated
- Fidgeting
- Difficulty with self care tasks Ex: toiling, feeding, dressing (including fasteners)
- Overly sensitive to textures, light, smell, sounds
- + any child who requires environmental modifications due to disability (ex: bathroom modifications, specialized equipment, wheelchairs, etc).